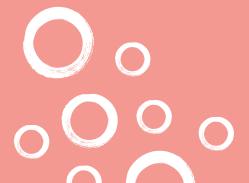


VOLUME 12 | ISSUE 4 | JULY

MACTALK



Make Art. Be well.



JULY SCHEDULE

We will start with our MAC meeting on the 2nd and the BBQ on the 5th. For our Artist's Day, we will study Gustav Klimt. (Note there may be nudes). Louise Houle will complete the second Watercolour Classes, and Sandra Bowen will present two classes of Mixed Media.



NUDES

Teresa received some feedback that a MAC member was upset by seeing nudes in the MAC program. Portrayals of the human body are often seen in the art world, so we will alert people to the possibility of nudes being included in the Artist Day presentations. There will be a note on the monthly schedule, and it will be mentioned in the MAC-Talk for that month.



Our annual BBQ Fundraiser will take place on Friday July 15th at Burnaby Mental Health at 11:45am to 1pm. There will be small canvases for purchase, art cards for sale, hot dogs (\$2), and drinks (\$1). Please invite your friends!

MAC members need to be at Burnaby
Mental Health Outpatient Services at
10:30am. We will be setting up our
barbeques for cooking the hot dogs,
assembling the metal racks for displaying
our art, and arranging the art card table.
After the sale is over, we will take 30
minutes to put things away, so plan on
being at BMH until 1:30pm. No MAC at
Edmonds on July 5th.

You are Invited to

My Artist's Corner BBQ Fundraiser

Friday July 05 11:45 am to 1:00 pm

At Burnaby Mental Health

Outpatient Area

Hot Dogs \$2 Drinks \$1

Clients & Staff Invited!

Art for \$30 & Art Cards for Sale

Make art. Be well.







myartistscorner.ca



By All Means Create

Ella and Neena
participated in the
OPUS Outdoor
Painting Challenge!

THEY REPORTED THAT IT WAS FUN TO BE PART OF THE EVENT, EVEN IF IT WAS A VERY HOT DAY.

CARMEN. BRENDA, AND NEENA HELP AT RIDE DON'T HIDE

Canadian Mental Health Association hosted the eighth annual Ride Don't Hide on June 23in over 25 communities across Canada. Ride Don't Hide is the largest mental health bike ride Canada with almost 10,000 riders and hundreds more family members, friends, and volunteers across Canada taking part, raising more than \$2 million each year for CMHA. The major fundraiser for mental health in the Lower Mainland, the ride took place at Burnaby's Swangard Stadium. Neena and Brenda planned their activities for kids and managed to get all the materials to the Ride. With assistance from Carmen, they thought everything through beforehand for colouring, gluing, and assembling. They also sold our art cards to raise money for MAC. Thank you, Carmen, Brenda, and Neena for making sure MAC was represented at the event. And thank you to Ruth for picking up the materials to return them to MAC!





MAC IN JUNE

Cathy Reimer led us in the second session of Printmaking, Jim Keayes taught a Wild Wonderful Acrylic Abstract, and Sandra Bowen facilitated 2 classes in Mixed Media.

The animal for this month was the peacock!





JULY IST Things to do on Canada Day

Burnaby's Canada Day Celebrations take place at Edmonds Park, right behind the **Edmonds Community Centre!** These events will run from 11am-2:30pm. There is also a celebration at the Village Museum (11am-4:30pm), PLUS a free concert at Swangard Stadium (5pm-10pm).

New Westminster celebrates Canada Day in Queens Park (11:30am-2:30pm).

JULY 2ND MAC MEETING

- 1. We will be talking about fundraising for MAC, including our July 5th BBQ Fundraiser at Burnaby Mental Health.
- 2. We will introduce the new Members Handbook.
- 3. There will be door prizes!

Help us with our social media presence

SOCIETY CORNER

We need some support to keep MAC in everyone's mind on Facebook and Instagram. Connect with Teresa at (778) 855-1704 or at myartistcorner.1@gmail.com. We think it would require 3 hours a month.

FLOWER POWER

Check out the show at The Network Hub

Starting the last week of July, New West Artists will be presenting, "Flower Power" at The Network Hub on the second floor of the New West Quay Market. Six MAC artists will participate including Carmen, Neena, Lem, Barb, Dawn, and Shamin. The Network Hub is open weekday afternoons, so check it out in August.

